# EAT SMART WITH THE LUNCH BUNCH

THE LUNCH BUNCH

Week Beginning: 17th March 2025

Monday

Mains

**St Patricks Day** 

Side Dishes

Dessert

Tuesday

#### Mains

Baked Breaded Cod Goujons & Tartare Mayo - Or -Creamy Mac 'n' Cheese & Garlic Bread

## Side Dishes

Garden Peas & Sweetcorn

Chipped Potatoes or Baked Jacket Potato

## Dessert

Iced Lemon Sponge Finger

Wednesday

#### Mains

Lunch Bunch Chicken
Curry with Freshly Baked
Mini Naan Bread
- Or Quorn Fillet with Creamy
Pepper Sauce

# Side Dishes

Garden Peas & Roasted Butternut Squash

Steamed Fluffy Rice or Oven-Baked Herb Wedges

## Dessert

Cheesecake with Strawberry Sauce

Thursday

# Mains

Cook's Roast Gammon with
Stuffing & Gravy
- Or Penne Pasta with Tomato &
Basil Sauce

#### Side Dishes

Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes

#### Dessert

Belgian Waffle with Fresh Fruit & Chocolate Sauce Friday

## Mains

Oven Baked Chicken
Goujons with choice of Dip
- Or Baked Potato with Cheesy
Beans & Salad

# Side Dishes

Baked Beans & Coleslaw

Chipped Potatoes or Baked Jacket Potato

#### Dessert

Artic Roll with Summer Berry Sauce

# EAT SMART WITH THE LUNCH BUNCH



Week Beginning: 24th March 2025

# Monday

## Mains

Golden Crumbed Fish Fingers & Mayo Dip - Or -Roasted Garlic & Pesto Chicken Pasta

## Side Dishes

Garden Peas & Baked Beans

Mashed Potato or Pasta Salad

#### Dessert

Homebaked Chocolate & Raspberry Brownie

# Tuesday

#### Mains

Homemade Beef Lasagne with Garlic Bread Slice - Or -Homebaked Margherita Pizza with Salad in Season

# Side Dishes

Baton Carrots & Broccoli

Chipped Potato & Baby Potato Salad

## Dessert

Assorted Yoghurt Pots & Fresh Fruit

# Wednesday

#### Mains

Lunch Bunch Chicken
Curry with Freshly Baked
Mini Naan Bread
- Or Oven Baked Pork Sausages
with Gravy or Ketchup

## Side Dishes

Sweetcorn & Spaghetti Hoops

Steamed Fluffy Rice or Mashed Potato

# Dessert

Caramel Apple Crumble & Custard

# Thursday

#### Mains

Cook's Roast Turkey with
Stuffing & Gravy
- Or Salmon Fishcake with Mayo

## Side Dishes

Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes

# Dessert

Ice Cream with Two Fruits

# Friday

#### Mains

Cheeseburger with Burger Sauce in Bap - Or -Tex-Mex Chicken Fajita

#### Side Dishes

Mini Corn on the Cob & Coleslaw

Chipped Potatoes or Baked
Jacket Potato

#### Dessert

Homebaked Oaty Biscuit with Fresh Fruit

# EAT SMART WITH THE LUNCH BUNGH

THE LUNCH BUNCH

Week Beginning: 31st March 2025

# Monday

#### Mains

Oven Baked Cod Goujons with Mayo Dip - Or -Veggie Dog with Crispy Onions & Ketchup

## Side Dishes

Garden Peas & Potato Salad

Chipped Potatoes or Baked Jacket Potato

## Dessert

Ice-Cream Slider & Orange Wedges

# Tuesday

#### Mains

Homemade Spaghetti Bolognese - Or -Chicken Tikka Mayo Wrap with Salad & Coleslaw

# Side Dishes

Baton Carrots & Broccoli

Spaghetti & Parsley Baby Potatoes

# Dessert

Homemade Jam & Coconut Sponge & Custard

# Wednesday

#### Mains

Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or -Homebaked Margherita Pizza

# Side Dishes

Mini Corn on the Cob & Butternut Squash

Steamed Rice or Oven Roasted Cubed Potatoes

# Dessert

Summer Fruit Platter & Yoghurt

# Thursday

# Mains

Cook's Roast Pork with
Stuffing & Gravy
- Or Homemade Savoury Mince
with Crusty Bread

## Side Dishes

Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes

#### Dessert

Strawberry Jelly & Sliced Pears

# Friday

#### Mains

Oven Baked Chicken

Nuggets with Choice of Dip

Or 
Ham & Mushroom

Carbonara & Garlic Bread

Slice

## Side Dishes

Sweetcorn & Baked Beans

Chipped Potatoes or Baked
Jacket Potato

# Dessert

Homemade Shortbread & Watermelon Wedge

# EAT SMART WITH THE LUNCH BUNGH



Week Beginning: 7th April 2025

# Monday

#### Mains

Baked Cod Bites with Mayo
Dip
Or Sweet Chilli Chicken Panini
& Salad in Season

# Side Dishes

Garden or Mushy Peas & Coleslaw

Chipped Potatoes or Baked Jacket Potato

## Dessert

Chocolate Krispie Square & Orange Wedges

# Tuesday

#### Mains

Homebaked Margherita or Tex-Mex Spicy Beef Pizza - Or -Penne Pasta with Mediterranean Roasted Veg

# Side Dishes

Baton Carrots & Broccoli

Oven Baked Paprika Wedges & Baby Potato Salad

# Dessert

Cola Jelly & Chopped Fruit

# Wednesday

#### Mains

Lunch Bunch Chicken
Curry with Freshly Baked
Mini Naan Bread
- Or BBQ Pulled Pork with
Cheese in Brioche Bun

## Side Dishes

Sweetcorn & Roasted Butternut Squash

Steamed Fluffy Rice & Pasta Salad

## Dessert

Angel Cake & Custard

# Thursday

#### Mains

Cook's Roast Beef &
Yorkshire Pudding with
Stuffing & Gravy
- Or Quorn Dippers with Choice
of Dip

#### Side Dishes

Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes

# Dessert

Ice-Cream, with Sliced Pears & Caramel Sauce

# Friday

#### Mains

Hot Dog with Ketchup
- Or BBQ Chicken Wrap with
Salad in Season

## Side Dishes

Mini Corn on the Cob & Baked Beans

Skinny "French Fries" or Baked Jacket Potato

## Dessert

Chocolate Cookie & Milk shake