

**2017 MENU**  
**Portglenone Primary School**

	<b>WEEK COMMENCING 4<sup>th</sup> September 2017</b>	<b>WEEK COMMENCING 11<sup>th</sup> September 2017</b>	<b>WEEK COMMENCING 18<sup>th</sup> September 2017</b>	<b>WEEK COMMENCING 25<sup>th</sup> September</b>
<b>MONDAY</b>	Chicken Curry, Rice and Naan Bread <b>OR</b> Breaded Fish, Peas and Mashed Potatoes.  Mandarin Sponge and Custard	Pasta Bolognese and Crusty Bread <b>OR</b> Irish Stew  Chocolate Flavoured Sponge and Custard.	Chicken Curry, Rice and Naan Bread <b>OR</b> Breaded Fish, Peas and Mashed Potatoes.  Lemon Drizzle Sponge and Custard	Lasagne <b>OR</b> Salmon Fishcake, Peas, Herb Diced Potatoes  Apple Crumble and Custard
<b>TUESDAY</b>	Chicken and Pasta Bake <b>OR</b> Sausages, Carrots, Mashed Potatoes, Salad  Fruit Crumble and Custard	Vegetable Soup and Hot Dog <b>OR</b> Cottage Pie, Carrots, Mashed Potatoes  Fruit Flan and Custard	Pasta Bolognese and Crusty Bread <b>OR</b> Beef Casserole, Carrots, Mashed Potatoes  Fruit Crumble and Custard	Filled Pitta Bread, Salad <b>OR</b> Chicken Curry and Rice, Naan Bread,  Fresh Fruit Salad and Biscuit
<b>WEDNESDAY</b>	Homemade Pizza <b>OR</b> Lasagne, Salad, Sweetcorn and Mashed Potatoes  Jelly Fruit and Biscuit	Fish Fingers <b>OR</b> Chinese Chicken Drumsticks, Peas, Mashed Potatoes  Fruit Muffin and Custard	Irish Stew <b>OR</b> Chicken and Broccoli Potato Bake, Salad.  Chocolate and Pear Muffin	Meatballs, Carrots and Mashed Potatoes <b>OR</b> Cottage Pie and Carrots  Sponge and Custard
<b>THURSDAY</b>	Roast Chicken, Gravy, Stuffing, Carrots, Peas, Roast and Mashed Potatoes.  Cornflake Cookie and Milkshake	Roast Chicken, Stuffing, Carrots, Broccoli, Roast and Mashed Potatoes with gravy  Jelly Fruit and Biscuit	Roast Chicken, Stuffing, Carrots and Parsnips, Roast & Mashed Potatoes.  Milkshake and Flakemeal Biscuit	Roast Chicken, Stuffing, Broccoli, Carrots, gravy, Roast and Mashed Potatoes  Rice Pudding and Fruit
<b>FRIDAY</b>	Steak Burger, Beans and Chips or Mashed Potatoes <b>OR</b> Grilled Panini  Frozen Yoghurt and Fruit	Chicken Bites, Beans, Chips or Mashed Potatoes <b>OR</b> Chicken Curry, Rice and Naan Bread  Frozen Yoghurt and Fruit	Hot Dog <b>OR</b> Homemade Pizza, Beans, Chips or Mashed Potatoes  Frozen Yoghurt and Fruit	Chicken Bites <b>OR</b> Filled Baguette, Beans and Chips or Mashed Potatoes  Frozen Yoghurt and Fruit

**AVAILABLE DAILY : BREAD, FRUIT, YOGHURT, MILK & WATER**

**Please note there could be traces of Nuts in some products**