

OCTOBER 2017 MENU
Portglenone Primary School

	WEEK COMMENCING 2nd October 2017	WEEK COMMENCING 9th October 2017	WEEK COMMENCING 16th October 2017	WEEK COMMENCING 23rd October 2017
MONDAY	Chicken Curry, Rice and Naan Bread OR Breaded Fish, Peas and Mashed Potatoes. Mandarin Sponge and Custard	Pasta Bolognese and Crusty Bread OR Irish Stew Chocolate Flavoured Sponge and Custard.	Chicken Curry, Rice and Naan Bread OR Breaded Fish, Peas and Mashed Potatoes. Lemon Drizzle Sponge and Custard	Lasagne OR Salmon Fishcake, Peas, Herb Diced Potatoes Apple Crumble and Custard
TUESDAY	Chicken and Pasta Bake OR Sausages, Carrots, Mashed Potatoes, Salad Fruit Crumble and Custard	Vegetable Soup and Hot Dog OR Chicken Curry, Boiled Rice and Naan Bread Fruit Flan and Custard	Pasta Bolognese and Crusty Bread OR Beef Casserole, Carrots, Mashed Potatoes Fruit Crumble and Custard	Filled Panini, Salad OR Chicken Curry and Rice, Naan Bread, Fresh Fruit Salad and Biscuit
WEDNESDAY	Homemade Pizza OR Lasagne, Salad, Sweetcorn and Mashed Potatoes Jelly Fruit and Biscuit	Fish Fingers OR Chinese Chicken Drumsticks, Peas, Mashed Potatoes Fruit Muffin and Custard	Irish Stew OR Chicken Drumsticks, Peas and Mashed Potatoes Chocolate and Pear Muffin	Meatballs, Carrots and Mashed Potatoes OR Cottage Pie and Carrots Sponge and Custard
THURSDAY	Roast Chicken, Gravy, Stuffing, Carrots, Peas, Roast and Mashed Potatoes. Cornflake Cookie and Milkshake	Roast Chicken, Stuffing, Carrots, Broccoli, Roast and Mashed Potatoes with gravy Jelly Fruit and Biscuit	Roast Chicken, Stuffing, Carrots and Parsnips, Roast & Mashed Potatoes. Milkshake and Flakemeal Biscuit	Roast Chicken, Stuffing, Broccoli, Carrots, gravy, Roast and Mashed Potatoes Rice Pudding and Fruit
FRIDAY	Steak Burger, Beans and Chips or Mashed Potatoes OR Grilled Panini Frozen Yoghurt and Fruit	Chicken Bites, Beans, Chips or Mashed Potatoes OR Filled Baguette Frozen Yoghurt and Fruit	Hot Dog OR Homemade Pizza, Beans, Chips or Mashed Potatoes Frozen Yoghurt and Fruit	Chicken Bites OR Filled Baguette, Beans and Chips or Mashed Potatoes Frozen Yoghurt and Fruit

AVAILABLE DAILY : BREAD, FRUIT, YOGHURT, MILK & WATER

Please note there could be traces of Nuts in some products